

Day 1**2016 FOS- Rundown 29.5.2016**

Time	Event
08:30	Novice Men Briefing
09:00 10:10	Novice Men - Preliminary
09:40	Novice Women Briefing
10:10 10:30	Novice Women - Preliminary
10:00	Junior Briefing
10:30 10:55	Junior - Preliminary
10:25	Inter Women Briefing
10:55 11:19	Inter Women - Preliminary
10:49	Inter Men Briefing
11:19 11:59	Inter Men - Preliminary
11:59 12:39	Novice Men LCQ
12:40 12:55	Petrol
12:55 13:19	Inter Men LCQ
13:19 13:39	Noivce Women Final
13:39 14:09	Noivce Men Final
14:09 14:34	Junior Final
14:34 14:58	Inter Women Final
14:58 15:22	Inter Men Fianl
15:30	Prize Presentation and photo
16:00	End of FOS 2016